

## Recommended Reading List For Biblical Counselors and Counselees

<b>Topic</b>	<b>Title</b>	<b>Author/Editor</b>
<b>ADHD</b>	<i>Running the Christian Race: Helping the Child Labeled ADD/ADHD</i> (Faith Resources, Lafayette, IN)	Sharon Backus
	<i>Parenting Your ADHD Child</i> (Mini book by New Growth Press)	Rita Jamison
<b>Abortion</b>	<i>Living in His Forgiveness: A Bible Study for Post-Abortive Women</i>	Sandy Day
	<i>Healing After Abortion: God's Mercy is for You</i>	David Powlison
<b>Abuse</b>	<i>Why Me? Comfort for the Victimized</i> (Resources for Changing Lives mini book, P&R Publishing)	
	<i>Dorie, The Girl Nobody Loved</i>	Doris Van Stone
	<i>Domestic Abuse: How to Help</i> (Resources for Changing Lives mini book by P&R Publishing)	David Powlison Paul Tripp Edward Welch
	<i>Sexual Assault: Healing Steps for Victims</i> (Mini book by New Growth Press)	David Powlison
	<i>How to Overcome Evil: A Practical Exposition of Romans 12:14-21</i>	Jay E. Adams
<b>Addiction</b>	<i>Addictions—A Banquet in the Grave</i>	Edward T. Welch
	<i>The Heart of Addiction: A Biblical Perspective</i>	Mark E. Shaw
	<i>The Heart of Addiction Workbook</i>	Mark E. Shaw
	<i>Cross Talking: A Daily gospel for Transforming Addicts</i>	Mark E. Shaw
<b>Anger</b>	<i>Anger &amp; Stress Management God's Way</i>	Wayne Mack
	<i>Anger, Anxiety &amp; Fear</i> (Mini book by Focus Publishing)	Stuart Scott
	<i>What To Do When Anger Gets the Upper Hand</i>	Jay E. Adams
	<i>Freedom from Resentment: Stopping Hurts from Turning Bitter</i> (Mini book by New Growth Press)	Robert D. Jones
	<i>It's Not Fair</i> (Mini book by P&R Publishing)	Wayne Mack, Deborah Howard
<b>Anxiety</b>	<i>Overcoming Fear, Worry and Anxiety</i>	Elyse Fitzpatrick
	<i>Anger, Anxiety &amp; Fear</i> (Mini book by Focus Publishing)	Stuart Scott
	<i>Anxiety and Panic Attacks</i> (Mini book by New Growth Press)	Jocelyn Wallace

<b>Change Biblically (Sanctification)</b>	<i>How Can I Change?</i>	CJ Mahaney, Robin Boisvert
	<i>Transformed Into His Likeness</i>	Armand P. Tiffe
	<i>Self-Confrontation: A Manual for In-Depth Biblical Discipleship</i> (published by the Biblical Counseling Foundation <a href="http://www.bcfministries.org">www.bcfministries.org</a> )	John C. Broger
	<i>How People Change</i>	Timothy S. Lane Paul David Tripp
	<i>How to Help People Change: The Four-Step Biblical Process</i>	Jay E. Adams
	<i>Changed Into His Image</i>	Jim Berg
	<i>Taking Time to Change: An Interactive Study Guide for Changed Into His Image</i>	Jim Berg
<b>Church</b>	<i>Life in the Father's House</i>	Wayne A. Mack, Dave Swavely
	<i>What is a Healthy Church?</i>	Mark Dever
<b>Church Discipline</b>	<i>Handbook of Church Discipline</i>	Jay E. Adams
<b>Communication and Conflict Resolution</b>	<i>Communication and Conflict Resolution</i> (Mini book by Focus Publishing)	Stuart Scott
	<i>War of Words: Getting to the Heart of Your Communication Struggles</i>	Paul David Tripp
	<i>The Peace Maker: A Biblical Guide to Resolving Personal Conflict</i>	Ken Sande
	<i>Biblical Peacemaking: Building Real Relationships</i> (Mini book by Peacemaker Ministries)	Ken Sande, Gary Friesen
	<i>Conflict: A Redemptive Opportunity</i> (Mini book by New Growth Press)	Timothy S. Lane
<b>Counseling Biblically</b>	<i>Instruments in the Redeemer's Hands</i>	Paul David Tripp
	<i>Counseling the Hard Cases</i>	Stuart Scott, Heath Lambert
	<i>Counseling: How to Counsel Biblically</i>	John MacArthur
	<i>Counsel from the Cross</i>	Elyse M. Fitzpatrick, Dennis E. Johnson
	<i>Critical Stages of Biblical Counseling</i>	Jay E. Adams
	<i>Seeing With New Eyes</i>	David Powlison
	<i>The Christian Counselor's Manual</i> (a reference guide)	Jay E. Adams
	<i>A Homework Manual for Biblical Living</i>	Wayne A. Mack
	<i>A Mini-Manual For Christian Counseling</i> (Reference mini book by Baker Books)	Jay E. Adams

<b>Cutting &amp; Self-Injury</b>	<i>Hope &amp; Help for Self-Injurers and Cutters</i> (Mini book by Focus Publishing)	Mark E. Shaw
<b>Dating</b>	<i>Biblical Principles of Love, Sex &amp; Dating</i> (Faith Resources, Lafayette, IN – 2 versions available: high school and adult)	
	<i>The Purity Principle</i>	Randy Alcorn
	<i>I Kissed Dating Goodbye</i>	Joshua Harris
	<i>Boy Meets Girl</i>	Joshua Harris
	<i>When God Writes Your Love Story</i>	Eric Ludy, Leslie Ludy
<b>Depression</b>	<i>Depression A Stubborn Darkness</i>	Edward T. Welch
	<i>Out of the Blues: Dealing with the Blues of Depression &amp; Loneliness</i>	Wayne Mack
	<i>When the Darkness Will Not Lift: Doing What We Can While We wait for God—and Joy</i>	John Piper
	<i>Hope in God: A Biblical Perspective for Understanding, Overcoming and Preventing Depression</i>	Kristie Gant
<b>Devotions</b>	<i>A Gospel Primer for Christians: Learning to See the Glories of God's Love</i>	Milton Vincent
	<i>31 Days of Praise: Enjoying God Anew</i>	Ruth Myers
	<i>The Valley of Vision: A Collection of Puritan Prayers &amp; Devotions</i>	Arthur Bennett
<b>Devotions for Children</b>	<i>Long Story Short: 10-minute Devotions to Draw Your Family to God</i>	Marty Machowski
<b>Divorce</b>	<i>How to Save Your Marriage Alone</i> (Mini book taken from a chapter of <i>Love Life for Every Married Couple</i> )	Ed Wheat, M.D.
	<i>Marriage, Divorce &amp; Remarriage in the Bible</i>	Jay E. Adams
	<i>Divorce Recovery: Growing and Healing God's Way</i> (Mini book by New Growth Press)	
	<i>Children and Divorce: Helping When Life Interrupts</i> (Mini book by New Growth Press)	Amy Baker
	<i>You're Divorced, Now What?</i> (Mini book by Faith Resources, Lafayette, IN)	Amy Baker
<b>Eating Habits</b>	<i>Love to Eat Hate to Eat: Breaking the Bondage of Destructive Eating Habits</i>	Elyse Fitzpatrick
	<i>Uncommon Vessels: A Program for Developing Godly Eating Habits</i>	Elyse Fitzpatrick
<b>Family</b>	<i>Your Family God's Way</i>	Wayne A. Mack
	<i>Homework Manual for Biblical Living, Vol 2 Family and Marital Problems</i>	Wayne A. Mack
	<i>Keys to Successful Stepfamilies</i> (Mini book by Faith Resources, Lafayette, IN)	Jeff Baker, Amy Baker

<b>Fear</b>	<i>What to do When Fear Overcomes You</i> (Mini book)	Jay E. Adams
	<i>Overcoming Fear, Worry and Anxiety</i>	Elyse Fitzpatrick
	<i>The Fear Factor – What Satan Doesn't Want You to Know</i>	Wayne Mack, Joshua Mack
<b>Fear of Man/ Seeking Approval/ People Pleasing</b>	<i>When People are Big and God is Small</i>	Edward T. Welch
	<i>Pleasing People</i>	Lou Priolo
	<i>What Do You Think of Me? Why Do I Care?</i> (Mini book by New Growth Press)	Edward Welch
<b>Finances</b>	<i>The Treasure Principle</i>	Randy Alcorn
	<i>Debt Free Living</i>	Larry Burkett
	<i>Money Matters for Kids</i>	Larry Burkett Christie Bowler
	<i>Money Matters for Teens</i>	Larry Burkett
	<i>Total Money Makeover</i>	Dave Ramsey
<b>Forgiveness</b>	<i>Freedom Through Forgiveness</i> (Mini book by Revive Our Hearts)	Nancy Leigh DeMoss
	<i>Forgive! As the Lord Forgave You</i> (Mini book by P&R Publishing)	Patrick H. Morison
	<i>From Forgiven to Forgiving</i>	Jay E. Adams
	<i>Forgiveness</i> (Mini Book by Faith Resources, Lafayette, IN)	Rob Green
	<i>Forgiveness: "I Just Can't Forgive Myself!"</i> (Mini book by P&R Publishing)	Robert D. Jones
<b>Grief &amp; Death</b>	<i>Heaven</i>	Randy Alcorn
	<i>Heaven: Biblical Answers to Common Questions</i> (60-page mini book contains a sample of Q&A from Alcorn's <i>Heaven</i> )	Randy Alcorn
	<i>The Undistracted Widow</i>	Carol Cornish
	<i>From Grief to Glory: A Book of Comfort for Grieving Parents</i>	James W. Bruce III
	<i>Helping a Friend Who is Grieving</i> (Mini book by Regular Baptist Press)	Wally Stephenson
	<i>Scriptures for Coping with Grief and Loss</i> (Mini book by Regular Baptist Press)	Wally Stephenson
	<i>Questions Children and Adults Ask about Grief and Death</i> (Mini book by Regular Baptist Press)	Wally Stephenson
	<i>Grief: Learning to Live with Loss</i> (Mini book by P&R Publishing)	Howard Eyrich
	<i>Safe in the Arms of God: Truth from Heaven About the Death of a Child</i>	John MacArthur
	<i>Facing Death with Hope: Living for What Lasts</i> (Mini book by New Growth Press)	David Powlison

<b>Heart Idols</b>	<i>Idols of the Heart</i>	Elyse Fitzpatrick
<b>Hermeneutics (Bible Study)</b>	<i>Grasping God's Word</i>	J. Scott Duvall J. Daniel Hays
	<i>Journey Into God's Word: Your Guide to Understanding &amp; Applying the Bible</i> (a condensed version of <i>Grasping God's Word</i> )	J Scott Duvall J Daniel Hays
	<i>What to do on Thursday: A Layman's Guide to the Practical use of the Scriptures</i>	Jay E. Adams
	<i>The New How to Study Your Bible</i>	Kay Arthur David Arthur Pete DeLacy
<b>Holiness</b>	<i>The Chase</i>	Jerry Bridges
	<i>Holiness</i>	J. C. Ryle
	<i>The Pursuit of Holiness</i>	Jerry Bridges
<b>Homemaking</b>	<i>Housewives Desperate for God</i>	Jennie Chancey Stacy McDonald
	<i>Christian Homemaker's Handbook</i>	Pat Ennis, Dorothy Kelley Patterson
<b>Homosexuality</b>	<i>When Homosexuality Invades the Family</i>	Ruth Ann Bruce
	<i>Your Child Says, "I'm Gay"</i> (Mini book by New Growth Press)	Tim Geiger
	<i>Homosexuality: Speaking the Truth in Love</i> (Mini book by P&R Publishing)	Edward Welch
	<i>Can You Change If You're Gay?</i> (Mini book by New Growth Press)	David White
<b>Identity in Christ/ Self-Esteem</b>	<i>Who Am I?</i>	Jerry Bridges
	<i>Because He Loves Me: How Christ Transforms Our Daily Life</i>	Elyse Fitzpatrick
	<i>The Biblical View of Self-esteem, Self-love, Self-image</i>	Jay E. Adams
	<i>Self-Image: How to Overcome Inferiority Judgments</i>	Lou Priolo
	<i>Jesus Christ: Self-Denial or Self-Esteem?</i>	David Tyler
<b>Illness/Disease</b>	<i>Chronic Pain: Living by Faith When Your Body Hurts</i> (Mini book by New Growth Press)	Michael Emlet
	<i>Fibromyalgia: God's Grace for Chronic Pain Sufferers</i> (Mini book by New Growth Press)	Robert Smith
<b>Leaders in Ministry</b>	<i>Leading with Love</i>	Alexander Strauch
	<i>Instruments in the Redeemer's Hands</i>	Paul David Tripp
<b>Lying</b>	<i>Deception: Letting Go of Lying</i> (Resources for Biblical Living mini book, P&R Publishing)	Lou Priolo

<b>Marriage</b>	<i>When Sinners Say "I Do": Discovering the Power of the Gospel for Marriage</i>	Dave Harvey
	<i>When Sinners Say "I Do" Study Guide</i>	Dave Harvey
	<i>The Complete Husband: A Practical Guide to Biblical Husbanding</i>	Lou Priolo
	<i>The Excellent Wife</i>	Martha Peace
	<i>The Exemplary Husband</i>	Stuart Scott
	<i>Point Man: How a Man Can Lead His Family</i>	Steve Farrar
	<i>Marriage, Divorce and Remarriage in the Bible</i>	Jay E. Adams
	<i>Sweethearts for a Lifetime: Making the Most of Your Marriage</i>	Wayne & Carol Mack
	<i>Love Life for Every Married Couple</i>	Ed Wheat, M.D.
	<i>How to Save Your Marriage Alone (Mini book taken from a chapter of Love Life...)</i>	Ed Wheat, M.D.
	<i>Helper by Design</i>	Elyse Fitzpatrick
	<i>Creative Counterpart</i>	Linda Dillow
<b>Miscarriage/ Infertility</b>	<i>Safe in the Arms of God</i>	John MacArthur
	<i>Infertility: Comfort for Your Empty Arms and Heavy Heart (Mini book by New Growth Press)</i>	Amy Baker, Dan Wickert
<b>OCD</b>	<i>Far End of Fear: Obsessive Compulsive Disorder</i>	Elyse Fitzpatrick
	<i>OCD: Freedom for the Obsessive-Compulsive (Resources for Changing Lives mini book by P&amp;R Publishing)</i>	Michael R. Emlet
<b>Parenting</b>	<i>Don't Make Me Count to Three: A Mom's Look at Heart-Oriented Discipline (practical)</i>	Ginger Plowman
	<i>Give Them Grace: Dazzling Your Kids with the Love of Jesus (practical)</i>	Elyse M. Fitzpatrick, Jessica Thompson, Tullian Tchividjian
	<i>Shepherding A Child's Heart</i>	Tedd Tripp
	<i>Instructing a Child's Heart</i>	Tedd & Margy Tripp
	<i>Teach Them Diligently</i>	Lou Priolo
	<i>The Faithful Parent</i>	Martha Peace
	<i>You Never Stop Being a Parent: Thriving in Relationship with Your Adult Children</i>	Jim Newheiser, Elyse Fitzpatrick
	<i>Successful Christian Parenting</i>	John MacArthur
	<i>Age of Opportunity: A Biblical Guide to Parenting Teens</i>	Paul David Tripp
	<i>Get Outta My Face! How to Reach Angry, Unmotivated Teens with Biblical Counsel</i>	Rick Horne
	<i>Get Offa My Case! Godly Parenting of an</i>	Rick Horne

	<i>Angry Teen</i>	
	<i>Come Back</i> , Barbara (an inspiring account of a prodigal daughter's return to faith & reconciliation)	C. John Miller Barbara Miller Juliaini
	<i>iSnooping on Your Kid: Parenting in an Internet World</i> (Mini book by New Growth Press)	Nicholas R. Black
	<i>Withhold Not Correction</i>	Bruce Ray
	<i>Single Parents: Daily Grace for the Hardest Job</i> (Mini book by New Growth Press)	Robert Jones
<b>Past</b>	<i>Putting Your Past in its Place: Moving Forward in Freedom and Forgiveness</i>	Stephen Viars
	<i>Only God Can Heal the Wounded Heart</i>	Ed Bulkley
<b>Pornography, Masturbation &amp; Sexual Sin</b>	<i>At the Altar of Sexual Idolatry</i>	Steve Gallagher
	<i>Hope &amp; Help for Sexual Temptation</i> (Mini book by Focus Publishing)	Mark Shaw
	<i>The Purity Principle</i>	Randy Alcorn
	<i>It's All About Me: The Problem with Masturbation</i> (Mini book by New Growth Press)	William P. Smith
<b>Prayer</b>	<i>A Call to Prayer</i>	J. C. Ryle
<b>Pride</b>	<i>From Pride to Humility</i> (Mini book by Focus Publishing)	Stuart Scott
<b>Psychology</b>	<i>Why Christians Can't Trust Psychology</i>	Ed Bulkley
	<i>Blame It on the Brain?</i>	Edward T. Welch
	<i>Psychologized Man</i> (Mini book by Focus Publishing)	Marth Peace
	<i>How Christian is Christian Counseling? The Dangerous Secular Influences That Keep Us from Caring for Souls</i>	Gary L. Almy, M.D.
	<i>The Myth of Psychotherapy</i>	Thomas Szasz
<b>Relationships</b>	<i>Relationships a Mess Worth Making</i>	Tim Lane, Paul Tripp
	<i>How to Overcome Evil: A Practical Exposition of Romans 12:14-21</i>	Jay E. Adams
	<i>Developing Genuine Friendships</i> (Faith Resources, Lafayette, IN)	Amy Baker
	<i>Selfishness: From Loving Yourself to Loving Your Neighbor</i> (Resources for Biblical Living mini book by P&R Publishing)	Lou Priolo
	<i>Getting to the Heart of Friendships</i> (Mini book by Focus Publishing)	Amy Baker
	<i>Making Friends: Beyond Loneliness to Rich Relationships</i> (Mini book, New Growth Press)	Dee Brestin

<b>Sexual Union in Marriage</b>	<i>Intended for Pleasure</i>	Ed Wheat, M.D., Gay Wheat
	<i>Sheet Music: Uncovering the Secrets of Sexual Intimacy in Marriage</i>	Kevin Leman
	<i>Sex, Romance and the Glory of God</i>	C. J. Mahaney
	<i>“Not Tonight, Honey”: Handling Your Wife’s Sexual Rejection</i>	Rob Green
<b>Sin &amp; the Sin Nature</b>	<i>The Enemy Within</i>	Kris Lundgaard
	<i>Respectable Sins</i>	Jerry Bridges
<b>Suicide</b>	<i>Help! My Friend is Suicidal</i>	Bruce Ray
<b>Testimony; Biography</b>	<i>Eric Liddell: Pure Gold</i> (biography of the Olympic champion who inspired Chariots of Fire)	David McCasland
	<i>My Heart in His Hands: Ann Judson of Burma</i>	Sharon James
<b>Theology</b>	<i>A Theology of Christian Counseling</i>	Jay E. Adams
	<i>Systematic Theology: An Introduction to Biblical Doctrine</i> (The ACBC position disagrees with Grudem on 3 doctrines: Cessation of sign gifts, Literal 6-day creation & a distinction between Israel & the church in his Dispensational Pre-millennial Theology)	Wayne Grudem
	<i>The Gospel According to Jesus</i>	John MacArthur
	<i>Marriage, Divorce and Remarriage in the Bible</i>	Jay E. Adams
	<i>The Attributes of God</i>	Arthur W. Pink
<b>Thoughts &amp; Attitude</b>	<i>Managing Your Emotions: Keeping Your Feelings from Running the Show</i> (Mini book by New Growth Press)	Amy Baker
	<i>Loving God with All Your Mind</i>	Elizabeth George
	<i>Lord, Change My Attitude</i>	James MacDonald
	<i>Attitudes of a Transformed Heart</i>	Martha Peace
<b>Trials &amp; Suffering</b>	<i>Trusting God Even When Life Hurts</i>	Jerry Bridges
	<i>Trusting God Even When Life Hurts Discussion Guide</i> (a workbook format)	Jerry Bridges
	<i>When God Weeps</i>	Joni Eareckson Tada, Steven Estes
	<i>Christ and Your Problems</i> (Mini book by P&R Publishing)	Jay E. Adams
	<i>How to Handle Trouble</i> (Mini book by P&R Publishing)	Jay E. Adams
	<i>A Shelter in the Time of Storm</i>	Paul Tripp
	<i>Suffering and the Sovereignty of God</i>	John Piper, Justin Taylor
	<i>If God Is Good</i>	Randy Alcorn

<b>Women's Issues</b>	<i>The Look: Does God Really Care What I Wear?</i>	Nancy Leigh DeMoss
	<i>Beauty in the Heart: A Study of Godly Beauty for Young Women</i>	Pam Forster
	<i>Women Counseling Women: Biblical Answers to Life's Difficult Problems</i>	Elyse Fitzpatrick
	<i>Women Helping Women</i>	Elyse Fitzpatrick, Carol Cornish
	<i>Lies Women Believe and the Truth that Sets Them Free</i>	Nancy Leigh DeMoss
	<i>Life Management for Busy Women</i>	Elizabeth George
	<i>Life Management for Busy Women Study Guide</i>	Elizabeth George
<b>World View</b>	<i>Right Thinking in a World Gone Wrong: A Biblical Response to Today's Most Controversial Issues</i>	John MacArthur
	<i>Think Biblically!</i>	John MacArthur
	<i>The Biblical View of Self-esteem, Self-love, Self-image</i>	Jay E. Adams
<b>Young People/ Teens</b>	<i>For This is Right: A Practical Application of the Fifth Commandment for Young People</i>	Pam Forster
	<i>Disciplines of a Godly Young Man</i>	Kent R. Hughes, Carey W. Hughes
	<i>Beauty in the Heart: A Study of Godly Beauty for Young Women</i>	Pam Forster
	<i>Teens &amp; Sex: How Should We Teach them?</i>	Paul Tripp
	<i>Peer Pressure: Recognizing the Warning Signs and Giving New Direction</i>	Paul David Tripp